

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat option	Chicken wrap Lettuce, cheese, BBQ sauce or ketchup Wedges Corn on the cob	Spaghetti meatballs Garlic Dough balls Salad	Sausage Mash Carrots & Swede Gravy	Chicken Tikka Rice Naan bread Green beans	Fishcake mini potato waffles Spaghetti hoops or Peas
Veggie Option	Quorn wrap Lettuce, cheese, BBQ sauce or ketchup Wedges Corn on the cob	Veggie meatball spaghetti Garlic Dough balls Salad	Veggie sausage Mash Carrots & Swede Gravy	Quorn Tikka Rice Naan bread Green beans	Veggie fish mini potato waffles Spaghetti hoops or Peas
	Jacket potato Cheese, Beans	Jacket potato Cheese, Beans	Jacket potato Cheese, Beans	Jacket potato Cheese, Beans	Jacket potato Cheese, Spaghetti hoops
Also available	Milk & Water Salad Bar & Sauces	Milk & Water Salad Bar & sauces	Milk & Water Salad Bar & sauces	Milk & Water Salad Bar & sauces	Milkshake & Water Salad bar
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt
	School cake & Custard	Apple crumble custard	Chocolate cookie	Jelly & cream	Frozen yoghurt

Date range W/C :

1st September 29th September

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat option	Sausage roll Sweet potato fries Sweetcorn on the cob or Peas	Lasagne Garlic bread Side Salad	Roast chicken Roast potatoes Stuffing Broccoli Carrot & swede	Ham twisted pizza Diced paprika potatoes Beans or Sweetcorn	Sausage Chips Peas or sweetcorn Gravy or Curry sauce
Veggie Option	Cheese & onion roll Sweet potato fries Sweetcorn on the cob or peas	Veggie Lasagne Garlic bread Side Salad	Quorn roast Roast potatoes Stuffing Broccoli Carrots & Swede	Cheese & tomato twisted pizza Diced paprika potatoes Beans or Sweetcorn	Veggie Sausage Chips Peas or sweetcorn Gravy or curry Sauce
	Jacket potato Cheese, Beans	Jacket potato Cheese, Beans	Jacket potato Cheese, Beans	Jacket potato Cheese, Beans	Jacket potato Cheese, Beans
Also available	Milk & Water Salad Bar	Milk & Water Salad Bar	Milk & Water Salad Bar	Milk & Water Salad Bar	Milkshake & Water Salad bar
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt
	Flapjack	Brownie	Jelly	Raspberry bun	Strawberry frozen yoghurt

Date range W/C :

8th September

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat option	Cottage pie Green beans Carrot Gravy	Chicken & sweetcorn Pasta bake Dough balls Broccoli	Sausage, Omelette, Hashbrowns beans	Mild Chilli Beef Tacos Rice Roasted Aubergine, Pepper & Sweet potato	Nuggets Wedges Beans or Broccoli
Veggie Option	Butter pie Green beans Carrot Gravy	Quorn pieces & sweetcorn Pasta bake Dough balls Broccoli	Veggie sausage Omelette Hashbrowns beans	Mild Chilli Veggie Mince Tacos Rice Roasted Aubergine, Pepper & Sweet potato	Veggie Nuggets Wedges Beans or Broccoli
	Jacket potato Cheese, Beans, Tuna	Jacket potato Cheese, Beans, Tuna	Jacket potato Cheese, Beans, Tuna	Jacket potato Cheese, Beans, Tuna	Jacket potato Cheese, Beans, Tuna
Also available	Milk & Water Salad Bar	Milk & Water Salad Bar	Milk & Water Salad Bar	Milk & Water Salad Bar	Milkshake & Water Salad bar
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt
	Waffle & fruit	Chocolate trifle	Shortbread	Jam sponge and custard	Jelly & cream

Date range W/C :

15th September

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Meat option	Chicken korma Rice Naan bread Green Beans or mange tout	Peperoni folded pizza Sweet potato Wedges Sweetcorn or Spaghetti hoops	Roast beef Yorkshire pudding Mash or Roast potato Cauliflower or broccoli & Gravy	Tomato pasta bake Garlic Dough balls Cauliflower	Salmon Fingers Wedges Spaghetti hoops or Broccoli
Veggie Option	Veggie korma Rice Naan bread Green Beans or mange tout	cheese folded pizza Wedges Sweet potato wedges Sweetcorn or Spaghetti hoops	Quorn fillet Yorkshire pudding Mash or roast potato Cauliflower or broccoli & Gravy	Mac & Cheese Garlic Dough balls Cauliflower	Veggie goujons Wedges Spaghetti hoops or Broccoli
	Jacket potato Cheese, Beans, Tuna	Jacket potato Cheese, Beans, Tuna	Jacket potato Cheese, Beans, Tuna	Jacket potato Cheese, Beans, Tuna	Jacket potato Cheese, Beans, Tuna
Also available	Milk & Water Salad Bar	Milk & Water Salad Bar	Milk & Water Salad Bar	Milk & Water Salad Bar	Milkshake & Water Salad bar
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt
	Shortbread with water melon	Fruit Salad	Pancake & berries	Chocolate and vanilla muffin	Rainbow cookie

Date range W/C :

22nd Sep

Salad Bar Ideas

- Pepper
- Cucumber
- Sweetcorn/corn on the cob
- Beetroot
- Cous cous and sultanas
- Coleslaw (vegan mayo)
- Pasta salad (pepper, sweetcorn, Tomato, Grated Carrot)
- Mange tout
- Lettuce (little gem)
- Bread & Bread sticks (at the counter)